



# **St. Armands Key Lutheran Church**

**Evangelical Lutheran Church in America**

God's work. Our hands.

**Come Worship With Us ...**

**9 am Contemporary Service of Joy**

**10 am Fellowship Hour**

**11 am Traditional Worship Celebration**

**See you on Sunday!**



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# Keynotes

## News for the spiritual family and friends of St. Armands Key Lutheran Church

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[www.starmandschurch.com](http://www.starmandschurch.com)

Church office hours: 8:30 - 4:30 Monday thru Friday

Parish Nurse office hours: 9:00 – 5:00 Monday thru Thursday

## JUNE|JULY 2011

### From Reverend Mark A. Bernthal....

Two challenges to those who hold in their hands this June/July Keynotes.

**Challenge number one:** Place the Keynotes where you will see it each day (maybe on kitchen table, next to the recliner, or wherever you have that first cup of coffee).

**Challenge number two:** Each day for the next week, spend ten, twenty, or (heaven forbid) thirty minutes in reflection on the following thoughts. Invite God into your reflections. Pray as you ponder. See what happens.

**Day One:** “God forgets the past. Imitate him.”

**Day Two:** “Greed I’ve often regretted. Generosity, never.”

**Day Three:** “Don’t ask God to do what you want. Ask God to do what is right.”

**Day Four:** “No one is useless to God. No one.”

**Day Five:** “Pray all the time. If necessary, use words.”

**Day Six:** “Nails didn’t hold God to a cross. Love did.”

**Day Seven:** “You will never forgive anyone more than God has already forgiven you.”

### St. Armands Key Lutheran Church Staff

**Rev. Mark A. Bernthal**  
Senior Pastor

**Pamela Becker**  
Administrative Assistant

**Debbie Leslie-Minier**  
Director of Youth & Family  
Ministries

**Tracey Rzepka**  
Parish Nurse

**Jane Lautner**  
Choir Director

**Lois Mellor**  
Church Organist

**Becky Taylor**  
Media A/V Coordinator

**Lou Rippo**  
Church Custodian



**Independence Day**  
**Monday, July 4**

The Church Office  
will be closed



**SAKLC has a new facebook page.**  
**Check it out!**

# BUILDING UP THE BODY OF CHRIST

## A Marvelous Mission Opportunity

A **BIG THANKS** to all who have responded to the recent invitation to provide financial support to assist with constructing a new church building for St. Paulus Church in Suriname. As of this writing (early June), we are about half-way toward reaching our \$17,000 goal. Hopefully, the remaining funds needed have been or soon will be received. Keep an eye on the weekly bulletin for more current updates. We will keep working on our goal until it is achieved. SAKLC has a strong tradition of providing mission support and this project is yet another example of the congregation's commitment to BUILD UP THE BODY OF CHRIST. It's not too late to be part of this marvelous mission opportunity. Gifts for the project (marked SURINAME) may be placed in the offering plate or sent to the Church office.

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**GREETINGS FROM SURINAME!** A handwritten note written to the members of SAKLC from Pastor Kevin Jacobson & Suriname Visitors is printed below:

**Greetings, Members of  
St. Armands Key Lutheran Church**

**“Words don’t express the amount of thanks that go to you for the wonderful Christian hospitality. We always felt ‘at home’ at St. Armands Key L.C. We pray that our relationship will continue to grow in many ways in the future. Thank you for opening up your guest house, hosting us, giving us the opportunity to relax, mailing a package to Miami, offering cold drinks and warm hearts!**

**Also for giving us the opportunity to worship with you on Mother’s Day; and finally, for the gift of financial contributions – to make our journey to Florida possible, to support the new church in Lelydorp, and to various global mission endeavours.**

**We hope our hospitality can match yours in September when the visitors come to Suriname. Godspeed!”**

## CONFIRMATION

Please lift up the following youth in prayer as they continue their studies in final preparation for a very special day. **Confirmation Sunday – Sunday, June 26.** The Rite of Affirmation of Baptism (Confirmation) will be held at both services, and a special reception will follow the 9 am Service of Joy at 10 am to give the congregation the opportunity to greet them.

**The Confirmands are:**

**Eliza Culp, Jack Dingle, Michael Dreger, Jessica Dreger, Alex Hilt,  
Emma Holland, Rebecca Kothare and Allie Pitchford.**



## PARISH NOTES



### **TANNER WILLIAM LEESEBERG**

**Born on December 22, 2010  
in Bloomington, Indiana**

**Tanner was baptized by Pastor Robert Zimmer at SAKLC on Sunday, May 29, 2011 during the 9 am Service of Joy. He is the son of Craig and Erin (Black) Leeseberg and grandson of Keith and Mary Leeseberg.**



### **HAROLD ALBERT HECKLINGER**

**May 16, 1919 -- May 24, 2011**

**A memorial service was held at SAKLC on  
Friday, June 3, 2011 at 2 pm  
Pastor Robert Zimmer & Pastor Mark Bernthal officiated.**

## Groups/Ministries

### **OUTREACH COMMITTEE**

In addition to the usual duties of making up visitor gift bags, scheduling greeters, and personnel attending the hospitality desk for both services, the committee has produced and is delivering informational brochures to area hotels, motels and condominiums. Welcoming letters and brochures are sent to all area new home owners and residents.

A new media and advertisement program is being developed using the Facebook approach aimed at bringing new people and area college students to the church.

Plans have also been made as an "inreach" effort aimed to socially mix our two services and build interchurch companionship by scheduling an Oktoberfest event for October 15 and a mixer dinner dance at the Sarasota Yacht Club on February 4, 2012. Mark your calendars now & plan to have fun!

The Committee is always open to adding new members who are committed to our Outreach goals. We meet the first Monday of each month (September – May) at 9:30 am. Come join us!

Committee Members: Joyce Hunt, Chair., Becky Culp, Darlene Hauser, Sue Kerzisknik, Marilyn Meinhardt, Marge Schirtz. Council Liaisons: Bob Rowe, Ed Schaeffer

# STEPHEN MINISTRY



## STEPHEN MINISTRY IS FOR REAL MEN

As a program of the church, Stephen Ministry provides gender-specific care for all adults who are facing tough life situations. In actuality, there are far more women than men who benefit from this ministry at SAKLC.

Many males facing life problems feel that they are totally different from everyone else. They are absolutely certain that no one else is encountering the same things! Feeling alone, anguished, distraught and troubled they are threatened and afraid.

Regardless of age, most men feel they have a primary role in keeping all aspects of life and job under control; and, certainly outside the scrutiny of others. They take pride in their ability to stay in charge of everyday life. Although inwardly feeling like failures as a husband, father, companion, professional person or friend, it's essential that they display a proper facade to the outside world.

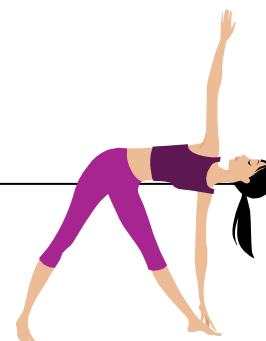
For those in possession of male genes, it can be intimidating to admit a need for help, even in the most private surroundings. Irrational behavior, expressions of hatred toward loved ones, neglect of life-long responsibilities, can cause inner anxiety mixed with feelings of guilt and shame. It has even been known to shatter one's faith in our loving God! Even though some men will secretly acknowledge a need for help, pride still stands as an immovable obstacle to getting the needed aid.

There are currently five (5) male members of the Stephen Ministry Team at St Armands Key Lutheran Church. Each one of those male team members initially faced hesitation about exposing his "inner self" during the process of getting Stephen Ministry certification. But once that uncertainty was overcome, each has discovered happiness, serenity and new inner strength for himself! That personal experience of our male team members has been repeated in the lives of other men, who over time have been our care receivers.

During the month of June, as the rest of society focuses its attention on sending "Father's Day" greetings, we want to send an invitation to every male member and friend at SAKLC. It is important to us that you be the real man that God created you to be; fulfilled, happy, at peace with yourself! We have found contentment and joy in our own lives, a pleasure that we are anxious to share with you!

In a totally confidential, one-to-one relationship, we are ready to listen to you. In a non-judgmental way we can support, encourage, pray for and enable you to find new guidance for your life. Interested? Call the church office and request that a male member of the Stephen Ministry team be in touch with you.

Stephen Leaders: Pastor Herb Mohlenhoff, Sherry Moore, Ray Walborn



## Weekly Exercise Classes

**Basic PILATES** is a core strengthening and stretching exercise program meeting on **Monday evenings** at **4:00 pm**. Please bring a mat with you to be able to exercise on the floor.

**Please Note: The Class will not meet on Monday, June 20**

**GET FIT** Is a cardiovascular exercise session that is meant for all abilities, you can adapt the class to your fitness level! We will meet in the Fellowship Hall from **8:45 - 9:30 am** on **Tuesdays and Thursdays** right before the 9:30 a.m. Thera-band class!

**Please Note: The Class will not meet on June 16, 21 & 23**

**THERA-BAND** is a low impact exercise class using elastic bands to strengthen and stretch. Classes are held on **Tuesday & Thursday mornings** from **9:30 – 10:30 am** in the Fellowship Hall.

**Please Note: The Class will not meet on June 16, 21, & 23**

Contact **Debbie Leslie-Minier** for more details at 726-9306 or [dleslieminier@gmail.com](mailto:dleslieminier@gmail.com)



Tracey Rzepka, MS, ARNP,FCN  
941-388-3764  
[parishnurse@starmandschurch.com](mailto:parishnurse@starmandschurch.com)

## Calcium, Magnesium and Vitamin D Recommendations

What you eat and drink, from childhood on, is critical to the amount of **calcium** in your bones. Dr. Robert P. Heaney, a bone specialist, maintains that "at least one-third of all osteoporotic fractures have a nutritional basis." Most people do not need supplements if they eat right and high doses can cause kidney stones and heart disease. Dairy foods, especially milk, yogurt and cheese, are the primary sources of calcium but also, unfortunately, a good source of fat. Sardines and canned salmon eaten with the bones are good sources of calcium. Tofu, almonds, and green leafy vegetables like kale, can also be good sources along with calcium-fortified foods. Spinach contains oxalates that prevent absorption of the calcium contained in it.

**Vitamin D** must be present for calcium to be absorbed from the digestive tract. Most calcium supplements now also contain vitamin D (usually as cholecalciferol or D3). It should be taken with a large meal containing some fat preferably from walnuts, olive oil, salmon or avocado rather than a Big Mac and Fries.

Vitamin D is fat-soluble and can be stored in the body for later use. The body gets most of its vitamin D from skin exposed to the ultraviolet B radiation in sunlight. **Fifteen minutes of sun exposure on the unprotected skin** of the arms and legs can make enough of the vitamin. This production is blocked if you always cover up or use sunscreen. People who are dark-skinned or housebound or who live in northern latitudes may fail to make enough vitamin D. As people age, their bodies are less able to convert the vitamin into the hormone that is biologically active. Milk is fortified with vitamin D at a level of 400 units per quart. Some yogurts and cereals have it as well. The only naturally rich dietary sources are oily fish from the sea like salmon and mackerel, egg yolks, liver and fish liver oil. An increasing number of physicians now routinely test vitamin D levels and if it is below 30 nanograms per milliliter, they will suggest you take a supplement.

**Magnesium** is also important for bone health, muscle, nerve and immune function, and regulates blood sugar and blood pressure. Green vegetables, beans, nuts, seeds and whole grains are good sources of magnesium. Magnesium helps balance the effects of calcium on nerve function and prevents constipation from calcium.

So what is the best combination of these key supplements? Try to find a pill that contains about:

**Calcium 600mg**  
**Vitamin D 200-300 IU**  
**Magnesium 200 mg**

The pill needs to be in a size and taste that you can swallow **twice a day** since you need to consume 1,000 to 1,600 mg of total daily calcium (depending on your age and gender) and you can only absorb 600 mg of calcium at a time. This means you'll also be taking a proper daily total of 400 or 600 IU of vitamin D and 400 mg of magnesium.

Also, remember that you need to consume 1,000 to 1,600 mg of actual calcium per day, not calcium combined with citrate or carbonate; if you choose supplements with citrate or carbonate, check the label for the proper amount of calcium. **Calcium carbonate** should be taken **with meals** to assure absorption, but calcium citrate can be taken at any time and may cause fewer digestive problems.

Avoid supplements that have iron in it. Iron inhibits calcium's absorption and you typically get enough iron from food. If you're anemic and take iron, take the iron two hours apart from the calcium. Also, calcium needs an acid environment for absorption so calcium in an antacid that neutralizes acid may not be optimal.

**Avoid several bone-robbing habits: smoking**, eating a lot of **salty foods**, drinking more than two **alcoholic drinks** a day, consuming more than the **caffeine** equivalent of two cups of coffee a day, eating **too little or too much protein**, and drinking more than two 12-ounce cans of **soft drinks/day**. Better yet, save soda for an occasional treat. Don't forget to get sufficient **weight-bearing exercise** like walking or weight lifting to preserve and strengthen your bones!

Health Committee Members: Ann Walborn, Chair., Linda Czech, Deb Piner, Doris Rowe, Tracey Rzepka, Ray Smith, and Ed Schaeffer, Council Liaison

**BLOOD PRESSURES are taken on the last Sunday of the month between services at 10 am.**

# SOCIAL MINISTRY

## Schoolhouse Link Program



*The Schoolhouse Link Program is a partnership between the Sarasota Family YMCA and the Sarasota County School Board. The program serves as the District's Official McKinney-Vento Homeless Liaison and provides services to help families and youth that are homeless and in transition. The program's goal is to ensure that students in transition are able to enroll, attend and succeed in school. Schoolhouse Link supports each student by helping create educational stability and by removing any barriers limiting their success*

We are so excited about all the wonderful things the Church family has done since December to show these kids that there are people who care about them and their future. When the plea was made to the congregation for monetary funds, you all pitched in to support the cause ... then, through the Social Ministry Committee, the Church has continued to "lend a helping hand" wherever it has been needed. But, I would like to tell you how much more of an impact SAKLC has made ...

As you know, Lynn Blackledge & I have been very dedicated to the program, meeting with Brian McCombie as needed to find the best ways to help these kids out. The other day, I was explaining this program to a neighbor (he is not a member of SAKLC), and I told him about one of the girls in the program wanted to go to her high school prom but did not have money for the ticket, never mind a dress! I told him that we had secured the ticket from the school at a reduced cost and that SAKLC was going to cover that cost. Immediately, he asked, "How much do you need?" I told him I had not bought prom dresses for Marissa for a few years now, but thought it would be hard to find something for less than \$100.

The neighbor went to get his checkbook and wrote out a check to SAKLC for \$100 to pay for a prom dress for Shannon. His only request was that he receive a photo of her at the prom. Why, you ask? I found out that day that this man was adopted ... he was a lucky one who had a home and had a successful life and thought it was important to give back!

How big this picture has become. The members of SAKLC have not only helped a program with some really great kids, but we have connected to a non-member in our community who wants to show the same compassion as we do.

### **HOW AWESOME IS THAT ... HOW AWESOME IS GOD'S LOVE!**

Article was written by Christine Ortiz -- Committee Members: Darla & Don Anthony, Chairs., Geri Nelson, Judith Ammerman, Lynn Blackledge, Richard Elliott, Ronda Hewitt, Cindy Mennicke, Pastor Victor Mennicke, Christine Ortiz, Carilyn Reiter, Sandi Carlson, Council Liaison



# STEWARDSHIP

This year the Stewardship theme will be "Blessed to be a Blessing." You are a blessing and you are blessed! St. Armands Key Lutheran Church is blessed with the good works done by our members both for the church, in our community and in the world. The Stewardship Committee would like to recognize and celebrate our members many talents. In order to share in the celebration, we need to gather some information from you.

What organizations are you volunteering at in the Community?

How are you using your talents at these organizations (what activity, work, etc.)?

If you would take a few minutes and let us know how you are using your talents in the community, we would really appreciate it. Just answer the two questions above and send your responses to Pam Becker at [office@starmandschurch.com](mailto:office@starmandschurch.com). We will celebrate *everyone's* stewardship this coming fall!

Thanks for all you do!

Stewardship Committee Members: Cathy DeGeorge, Chair., John DeGeorge, Lynn Blackledge, Dave Lund, Sharon Lund, Gary Moore, Carol Elliott, Council Liaison

## SAKLC CIRCLE OF FRIENDS – A SINGLES MINISTRY

The singles group meets after the 11 am worship service on the second Sunday of each month for lunch at one of the local restaurants. All singles are invited to join us. Watch the bulletins for the July 10<sup>th</sup> location. A sign up sheet will also be available.

If you would like further information about the Singles Ministry at SAKLC, please contact Pastor Darwin Polesky (343-9354)



## WOMEN'S MINISTRY



*Mobilizing women to act boldly on their faith in Jesus Christ*

2011 WELCA Board Members: Cathy DeGeorge, Chair., Mickey Brunke, Kay Coletta, Margot Eagleton, Jane Huff, Ann Walborn, Iris Wilhelm and Shirley Zimmer.

All Women at SAKLC are considered members of the Women of the Evangelical Lutheran Church.

**LUTHERAN WORLD RELIEF** -- Supplies for assembling the 2012 health kits to be sent to help our needy brothers and sisters worldwide are being gathered by the Women of the ELCA at St. Armands Key Lutheran Church. In May toothbrushes were solicited from members and friends of the congregation. **In JUNE individually wrapped bars of BATH SOAP will be collected.** The toothbrushes and soap will be included in the health kits. Monetary contributions to the Lutheran World Relief program are truly appreciated. In addition to the health kits, school kits will be assembled. On Monday mornings quilts are assembled in Fellowship Hall by a loyal group of ladies. The quilts are sent to Lutheran World Relief. The quilt project is always in need of supplies. Monetary contributions to help this worthy project are greatly appreciated.

All women of the congregation are encouraged to attend the **WELCOME BACK BIBLE STUDY** and **LUNCHEON** to be held on **Thursday September 15, 2011 in Ogram Hall**. Pastor Eric Wogen will be leading the Bible Study. Jill Collins of the All Faith Food Bank Backpack Program will be with us. The Backpack Program provides food for needy children in our local schools who have no food on the weekend. Following the Bible Study and the Backpack presentation all in attendance are invited to participate in **lunch at the Crab and Fin Restaurant**.

Prayerfully consider serving on the board at St. Armands Key Lutheran Women of the ELCA. Please contact Shirley Zimmer if you would like to serve on this worthy ministry.

Watch the bulletin for information regarding the above events and for date, time and place for meetings of the Lydia Circle and the Ruth Circle.

## WORSHIP & MUSIC

### SAKLC PERFORMING ARTS COMMITTEE

The Performing Arts Committee is in the process of firming up artists for the 2011-2012 program year. As in the previous two years, we will have both vocal and instrumental performers. We attempt to keep the price of tickets at \$10. For those folks who would like to underwrite performances, please contact Jim James (758-4904). We also have a "Music Memorial" account that you might consider when honoring a birthday or anniversary or in memory of a loved one. We invite you to give us input into the kind of performances you feel would be appropriate at SAKLC.

Committee members are: Sandi Carlson, Jim James, Jane Lautner, Lois Mellor, Ed Schaeffer, Becky Taylor.



### SAVE THE DATES!

The following events have been scheduled and are listed on the Calendar of Events on the SAKLC Website – [www.starmandschurch.com](http://www.starmandschurch.com) – just click on the calendar icon on the home page to see what's scheduled each month.

**Friday, December 2**      **Christmas on the Circle -- 7 pm**  
(Events on the Circle are schedule from 6 – 9 pm)

**Saturday, December 3**    **Messiah -- 1:30 pm & 4:30 pm**  
(Performed by The Sarasota Choral Society)

**Monday, December 5**     **Liszt Concert -- 7 pm**

**Sunday, January 15**      **Martin Jean Organ Concert (Time to be determined)**

**Sunday, February 11**     **Belle Canto (Time to be determined)**

**Sunday, April 22**         **Doug Renfro Concert – 4 pm**

More information will be available in the 2011- 2012 Performing Arts Brochure which will be distributed in the fall.

### CHOIR NEWS



During the summer months, the Sunday Summer Singers will provide special music on Communion Sundays (1<sup>st</sup> & 3<sup>rd</sup> Sundays of each week) at the 11 am worship service. All voices are welcome! We rehearse on the Sundays we sing in the Choir Room at 10:10 am beginning on June 5. For more information, please contact our Choir Director, Jane Lautner, at 379-9040.

Worship & Music Committee Members: Les Lorenz, Chair., Margot Eagleton, Anna Lee Ernst, Betty Hendry, Jim James, Jane Lautner, Lois Mellor, Geri Nelson, Becky Taylor

# A FATHER'S DAY HISTORY: Celebrating Dad for 100 Years!

Each year in June, St. Armands Key Lutheran Church celebrates Father's Day with a special, "DAD'S & DONUTS" Fellowship Hour between worship services and this year is no exception! Our thanks to Christine and Luis Ortiz and volunteers who will be cooking up a special treat for our dear fathers. Join the celebration in fellowship hall on **Sunday, June 19, at 10 am.**

## Here's the Scoop ...

The very first Father's Day was held in 1908 in Fairmont, W.Va. Grace Clayton suggested to the pastor of her church that they honor fathers after the nearby Monongah mine explosion in 1907 which killed more than 360 men – 210 of them fathers. The church complied with Clayton's wishes and a service was held. However, the "holiday" was inspired by Sonora Smart Dodd, known as the "Mother of Father's Day."

After Dodd's mother died in 1889 during childbirth, William Jackson Smart was left to raise Sonora and her five younger brothers (including the newborn baby) on a remote farm near Spokane, Washington. While attending a Mother's Day sermon in 1909, Dodd decided that fathers deserve the same recognition. Along with the help of her pastor, the Spokane YMCA and the Ministerial Alliance, June 19, 1910 was designated as the first Father's Day and sermons throughout Spokane were themed around the importance of fatherhood that day.

In 1924, the holiday gained some national prominence when President Calvin Coolidge recognized Father's Day and made it known that he wanted more states to get involved. In 1966, the third Sunday in June was proclaimed as Father's Day, and today, more than 50 countries around the globe celebrate Father's Day on various days throughout the year.

All because of a young girl who appreciated her dad's love and wanted to see his efforts acknowledged, Sonora's father was able to celebrate 10 Father's Days with his grateful daughter before his death in 1919.

- AOLnews.com

Happy Father's Day!  
June 19, 2011



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## ~ MISSION STATEMENT ~

**SAKLC is a family of Christians**

**Celebrating God's love**

**Growing together in Jesus Christ**

**Sharing this love and faith with the  
community and the world.**

# YOUTH & FAMILY MINISTRIES



Debbie Leslie-Minier, Director  
941-726-9306  
[dleslieminier@gmail.com](mailto:dleslieminier@gmail.com)

Hello! Please LOOK in your Bulletins AND at your Email for Updates on our Activities!  
Thank you!

## **YOUTH (all children through high school seniors)**

PLEASE watch the Weekly Bulletin & Youth Emails (if you are not receiving, **please send me an email:** [dleslieminier@gmail.com](mailto:dleslieminier@gmail.com))

*\*\*\*PLEASE Note: you are encouraged to bring a friend(s) to the events!*

### **SUNDAY, JUNE 19**

#### **FATHER'S DAY Festivities**

Youth will help with passing out a Father's Day treat to all men as they leave the sanctuary and will assist with serving the breakfast after the Service of Joy (~10am).

### **SUNDAY, JUNE 26: CONFIRMATION at 9:00 & 11:00 am**

**Eliza Culp, Jack Dingle, Michael Dreger, Jessica Dreger, Alex Hilt,  
Emma Holland, Rebecca Kothare and Allie Pitchford  
will affirm their Baptism in the Rite of Confirmation  
There will be a Special Celebration in between services too!**

### **Monday, JULY 4<sup>th</sup>: HAPPY INDEPENDENCE DAY!**

### **JULY (date to be determined) YMCA– Climbing Wall & More!!!**

**Evalyn Sadlier Jones YMCA (8301 Potter Park Dr., Sarasota, FL 34238)**

We will meet in the back by the Climbing Wall. I will have water and snacks. SAKLC youth are free (PLEASE feel free to bring friends – they pay \$9/person)

### **Hope everyone is Enjoying their Summer!!!**

*Hope everyone is doing well and hope to see you soon!*

Debbie Leslie-Minier  
Youth & Family Director



## SAKLC Foundation ... Key to a Lasting Gift

### **ALL FAITHS FOOD BANK – BackPack Kids Program**

Thanks to your generous support in the past, your Foundation has been able to make annual Grants to various organizations – locally and globally.

One of the local organizations the Foundation has supported in the past, and hopefully will continue to do so in the future, is the All Faiths Food Bank – its BackPack Kids Program in particular. Did you know that more than 47% of students in our community qualify for free or reduced lunches? What happens on weekends? That is where the Back Pack Kids Program comes in. The children are sent home from school with a 3 – 5 pound backpack of food every Friday so they will be able to eat over the weekend.

With your continued support, your Foundation will be able to continue supporting the All Faiths Food Bank and other organizations.

If you have any questions about the SAKLC Foundation, you can contact any one of the Foundation board members: Dick Carlson, Chair., Jack Bill, Mickey Brunke, Audrey Ganzel, Art Kuh, Keith Leeseberg, Lynette Salheiser, Bob Stobaugh, Denise Watermeier.

**Together ...we can do more...forever!**

**The ALL FAITHS FOOD BARREL** will remain in the Narthex throughout the summer. Protein items are especially needed – canned meats, canned dinners, tuna, peanut butter, soups, & stews. Canned fruits & jellies are also needed – **Please, NO GLASS containers.**

